

## Depression Screening Quality Improvement- all adolescents.

Adolescent depression is a disorder that affects teenagers. It leads to sadness, discouragement, and a loss of self-worth and interest in their usual activities. Depression can change the way teenagers see themselves, their lives, and the people around them. Teenagers who are depressed usually see everything more negatively. They can't imagine that any problem or situation can be solved in a positive way.

All our adolescent patients are routinely screened for depression on every well visit. If test is positive, the adolescent is immediately sent for evaluation and treatment to Psychology or Psychiatry, depending on severity of depression.

### **We tested our performance for the period of 01/01/2015-07/23/2015.**

We had 244 adolescent patients in our pediatric practice. Our EMR report shows that 82 patients were not tested for depression during this period which gives us 33.6% of the adolescent group.

We set our goal to decrease this number and have a maximum of 25 % of patients not screened for depression in this age group.

To improve our performance, we created a template for adolescent visit (action) including information about depression screening for the office staff to be more focus on the test.

Office staff was additionally trained on importance of adolescent depression screenings.

**Our re-measurement in the period of 07/24/2015-12/31/2015** shows that we had 249 adolescent patients. Our follow up report showed that 61 adolescents were not tested for depression during second period which gives us 24.5% of the adolescent group (re-measurement).

We saw 9.1% improvement in our performance (improvement).